

Shelter Home Learning Visit, Report

Shelter home is a place which provides secure accommodation for the children and youth who are at risk of or have been subjected to violence, although it provides far more than just a safe place to stay. It will also provide essential aspects of protection, services and resources which will enable children and youth who have experienced abuse and to recover from violence, to rebuild self-esteem, and to take steps to regain a self-determined life.

Likewise Nazhoen Lamtoen will soon be coming up with the similar shelter home which will provide the necessary services for the children and youth in difficult circumstances and for the children and youth in conflict with the law. In order to have smooth flow of the shelter home, the Nazhoen Lamtoen team visited the shelter homes of Nepal so that the team will have better experience and knowledge of documentations, how the shelter home functions, how they enroll and discharge children and youth, and how they sustains themselves. The visit is funded by the Save the Children International from Hong Kong project

On 24th July 2018, the team visited “**Voice of Children**” where the Program Coordinator presented their Organizational Structure.

They mainly focuses on:

1. Street Children Program

a. Prevention

Where they work on family development and child development to keep the children away from the streets.

b. Rescue

The children rescued from the street are enrolled in their Drop in Centre where they are given counseling and psychosocial therapy for not more than two weeks

c. Rehabilitation

After the DIC the children are sent to preparation center also known as the Socialization Centre where they are always engaged in activities and are even home schooled but the examination are done in government schools.

d. Reintegration

The organization works on reintegrating the child depending upon their cases. The integration includes Family reintegration, Community reintegration, Individual reintegration, Foster care and many more.

2. Program Against Child Sexual Abuse

a. Advocacy and Awareness

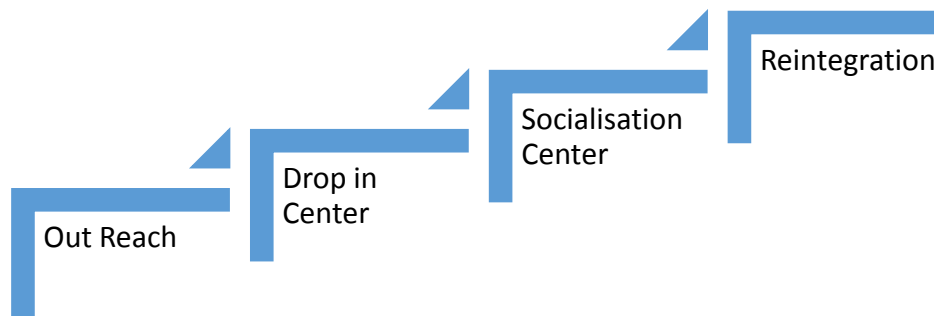
The organization also advocates and create awareness about the child sexual abuse in the cities and even in the remote parts of the Nepal region. They make people aware

about the consequences of abusing child and whom to contact if one comes across such cases.

b. Capacity Building

The organization also conducts and facilitates the capacity building training such as the children related trainings, life skill training, embroidery and many more.

VOC Ladder Approach



On 25th July 2018, the team visited the “**Forget Me Not / The Himalayan Innovative Society**” who is a non- government, non-political, non-sectarian and non-profit making humanitarian organization established on 10th January 2003. They have been working in child protection to ensure secured settings regarding violence, abuse, neglect and exploitation. They mainly focuses on the following:

a. Prevention

Here they mainly advocates and creates awareness on the child violence, abuse, neglect, exploitation and about the Research on Child Protection and Trafficking.

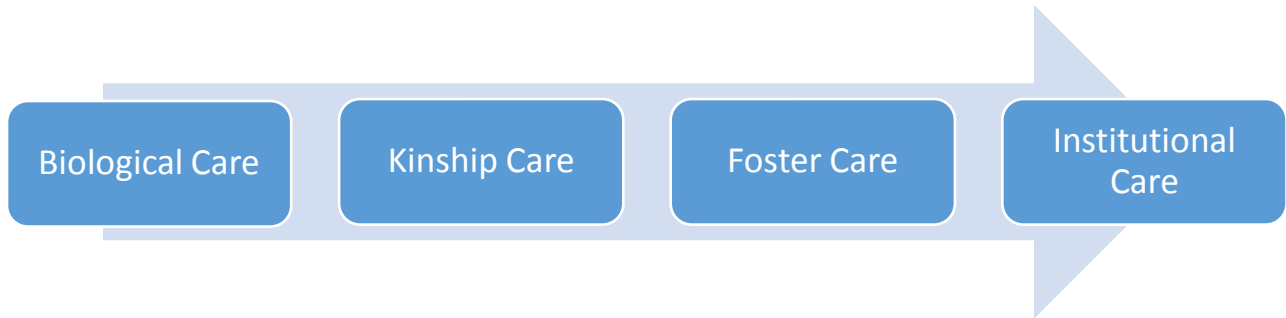
b. Rescue

The organization also provides assistance to Nepal Government’s deinstitutionalization plans, assessment and rescue plans. The children rescued from the street are enrolled in their transitional care where they are given counseling and psychosocial therapy for not more than two weeks.

c. Reintegration

The organization works on reintegrating the child depending upon their cases. The integration includes reunifications with the families, counseling, family responsibilities, family based alternative care, providing seed money to set up small business and many more.

Reunification



d. **Follow ups and Support**

After the child or the family is reintegrated the office visits monthly for three months, once on three months, bi-annual mission for next two years and annual mission for last two years.

On 26th July 2018, the team visited “**Chhori** “. The name Chhori means ‘daughter’ in Nepali, and represents Hope that one day Nepal will love, value and respect its daughters the same as its sons. Chhori envisions a world in which girls and women will be self-empowered for their survival, protection, development and participation. Their mission is to reduce violence, trafficking, abuse and exploitation on girls and women by protecting and empowering them as well as advocating for their rights and increasing awareness of the community.

Chhori is working with:

- a. the girls and women who are in sexual and labor exploitation in entertainment sectors (dance bar, cabin and restaurant, massage parlor and lots more)
- b. Girls and women who survived from violence, exploitation and trafficking.
- c. Girls and women at risk of trafficking, unsafe migrant and other exploitation
- d. Girls and women who are experiencing menstrual discrimination
- e. Girls and women facing gender based discrimination at home, school, community and working places

Some of the services they provide are:

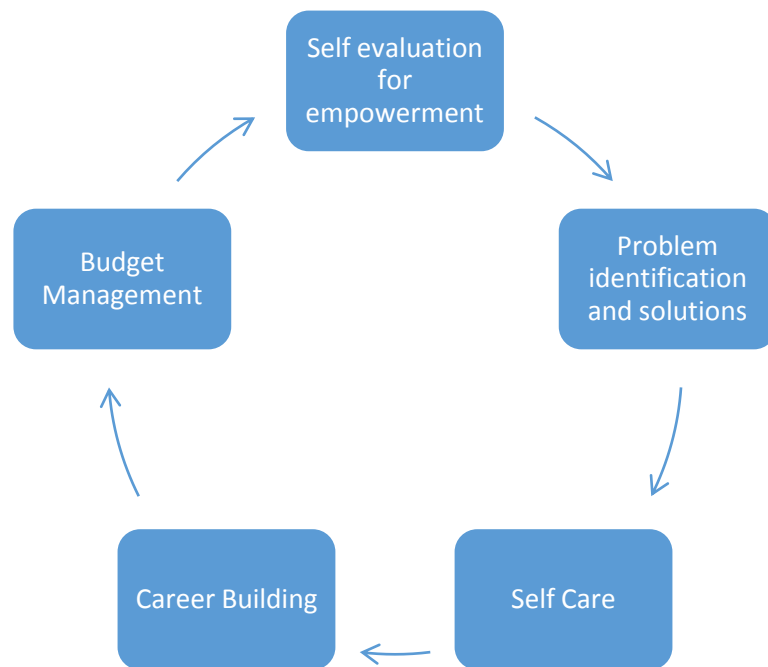
1. **Mobile Counseling Camp**

Mobile counseling camps are organized in order to create an emotional safer place for girls and women to make them realize that they are heard. In such counseling camp they usually talk about Health Check up, Sharing Information, and individual counseling.

2. Empowerment Training Program

Empowerment sessions are the tools of letting the beneficiaries know about their ability, build up confident level, make self-analysis of their problems and search the solutions themselves. Being in a patriarchal society and working in a slavery like situation, women are not being able to realize their capacity and potentiality. They are grown up in such schooling and social practices that “women are incapable, dependent and can’t be bread earner”. Such thinking affects the girls and women and can’t even think out of the box.

Six topics of Empowerment sessions



On 27th July 2018, the team visited “**Asha Nepal**”. Asha mean Hope. Asha is a care and support-based organization. All the activities they do are from our learning experiences in dealing with the girls they work with, who have been trafficked, abused or at high risk. Their key areas of focus are the victims of international and internal trafficking into the sex industries of India and Nepal, and girls who have been abused. Through prevention, education, rehabilitation, healthcare, and advocacy, Asha Nepal works to improve the lives of women and children.

Services Rendered

1. Family Group Homes

For the best possible chance at a meaningful future, trafficking survivors need a safe, stable, nurturing family-based care. They have five Family Group Homes. Each has a House Mother and up to six girls/teenager girls. Some girls need respite care, and stays with them for a year or so, receiving counseling and support, then are able to be reintegrated with their families.

However, some children will never be able to be reintegrated as their safety is seriously compromised within their own family. These girls stay with them long-term until they are old enough to be independent.

2. Family Strengthening Program

This is done through educational support for the child, balanced by a range of services in support of her mother and sometimes also the child's siblings. This includes healthcare, counseling, rent support, food and dietary support, and employment coordination and training.

3. Education

The organization strongly believe that education is a vehicle for change, so they are keen to invest on good quality education of the children of survivors with the vision that they will choose better livelihood options than their mothers and transform their life and their families. They support the girls in their residential care and girls in the community that have been reintegrated or those out of school and at high risk of being trafficked. They are also providing need based scholarship support.

4. Community Center

This is a platform for children to learn various skills as well as for the organization to catch up with their progress. This is open for the residential children, the reintegrated children and for their parents, especially for their mothers.

They conduct workshop on sexual and reproductive health and rights (SRHR) and women wellness program, winter camp, football tournament, Parenting workshops, Career coaching and many more.